

What can you expect?

In a medical home, you and your team will work together. As an active member of the team, you will have a chance to explain the things that are really important to you.

- Your team can answer questions and help you better understand your health care needs.
- If you need to get help from other doctors, your team can support you every step of the way.
- When you have concerns about your health, your medical home team will work with you to determine the best way to deal with them.

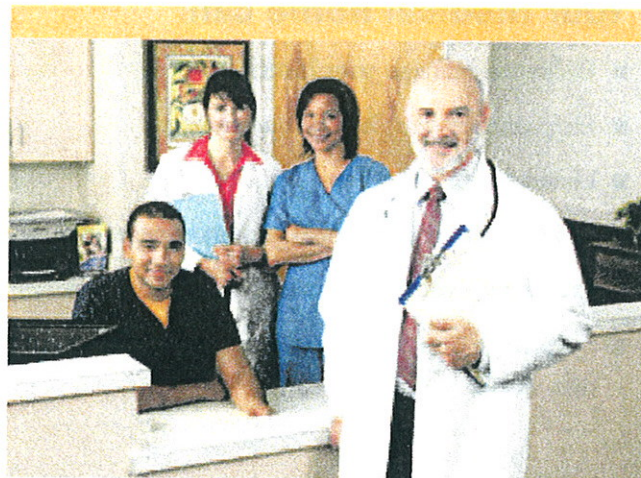
Together, you and your team can work on a plan that:

- Is personalized or created just for you
- Is coordinated with other health care providers
- Connects you with your health care team

Working with your team may improve the quality of your health care and shorten the time it takes to get that care.

During your appointment, use this handy checklist.

- Write down the names of your team members.
- Use a list of questions you've written down. Ask your most important questions first. Even if you cannot get all of your answers on the first visit, having a list will help you keep track of the answers.
- Talk with your team about what health issue to work on first.
- Use your own words to repeat back the things you've discussed with your team. This way, both you and your team will know the information is clear.
- Ask your team about how to reach them after hours.
- Before you leave the office, be sure you know the things you need to work on before your next appointment.



For more information, visit pcpc.net.

